



Sir Graham Balfour School



Weekly Student Bulletin

1st May 2020

Dear All

Welcome to the fourth edition of our new style Student Bulletin.

First and foremost, thank you for the fantastic entries we have received already for the World Earth Day photography competition. Please do keep your ideas coming and don't forget to encourage your house tutors to take part – they will win you an extra 100 house points for your house group!

Thank you also for the ideas you have offered, please do keep those coming too. If there is anything you would like to see added let either Mrs Salwey or I know on the following email addresses:

tsalwey@sirgrahambalfour.staffs.sch.uk

fhartley@sirgrahambalfour.staffs.sch.uk

Take care and Stay Safe

Mrs Hartley

* REMINDER*

Photography Competition - open to all students and staff

We would like you to send us photos that represent that very theme – it could be a photo of your family, a pet, a flower, a landscape – whatever ideas you can come up with!
Please send your entries to

tsalwey@sirgrahambalfour.staffs.sch.uk
by Friday 15th May



There will be 25 house points issued for each entry we receive.

There will also be a 1st, 2nd and 3rd Prize of 200, 100 and 75 house points.

Please encourage your house tutors to take part too. Every house tutor that takes part will also receive 100 house points for their house group.

We've already received some fantastic photos from students and staff - please keep sending them in, the more the merrier!

Good Luck!

Mrs Hartley

Housepoint Leader Board

Housepoint Leader Board		Change since 20/04/20
TIXALL	22,481	+403
WESTON	20,242	+77
CHETWYND	19,881	+110
SANDON	19,853	+87

UPDATED: 27/04/2020 10:53:48

Miss Bayliffe
DAC

Happy Ramadan

It is currently the month of Ramadan, and some of our students may be choosing to fast. This year, Muslims are fasting for 18 hours during the day.

We wish our students a blessed month.

Let's hope this month brings great blessings to us all.

From all the staff at SGB



SGBflix

Check the bulletin and SGB Facebook page each week to see a TV and Radio schedule for you to tune into. Your teachers have all suggested different programmes that will enhance your learning and interest. Some programmes are scheduled on TV so may need recording, while many others are available for streaming. Let your teachers know if you do watch any of them to gain Scholars points.

Mrs March

SGBFLIX

When?	Subject?	Where?	What?
Available at all times	Science/History	iPlayer https://www.bbc.co.uk/programmes/p01f51s5	Pain, Pus and Poison: A History of modern Medicine Michael Mosley tells the story of the creation of our most useful and valuable drugs.
Available at all times	Science	Netflix	Mars Drama documentary on the colonisation of Mars
Available at all times	MFL/Geography/SMS C	iPlayer	Race across the World A fantastic 8 part documentary following teams racing across South America on land with the budget it would cost to fly. See the cultures and landmarks in the countries, as well as experiencing the advantage of being able to speak a foreign language.
Available at all times	Science/Geography	iPlayer	David Attenborough and Brian Cox Their programmes are now available through iPlayer. A very enriching way to spend an hour.
Available at all times	Various episodes cover different subjects	BBC Sounds https://www.bbc.co.uk/sounds/search?q=What+Makes+Us+Human+with+Jeremy+Vine&page=1	What makes us human? Excellent radio series presented by Jeremy Vine, each 25 minute episode interviews a different famous person. All subjects are covered as part of this series. Many different interviews from business people, comedians, historians, tennis coaches, authors, poets, singers, political activists, war reporters, journalists, scientists, psychologists, politicians, sports people and more!
Available at all times	Pastoral	Amazon Prime	Embrace Everest This is a story of ordinary people on an extraordinary journey - the trek to Everest Base Camp. Hannah and Rhys are survivors of serious child abuse. Now with a team of novice trekkers they're taking on the challenge of a lifetime.

HOUSE TIME

BINGO

When you complete a task, colour in the box and ask a parent/carer to sign it off. How many times can you get BINGO? Can you complete the card to earn 10 house points? Send a picture of your completed grid to your house tutor.

Miss McKinley

Read a page of a book aloud to someone	Do something creative- draw, paint, write etc.	Write one of your teachers a short thank you email	Bake a cake	Watch a National Theatre play online (on YouTube)
Write a friend or family member a letter	Cook a meal you have never cooked before	Tidy a room in your house (or two!)	Listen to a podcast	Read for 30 minutes (book or Ebook)
Learn a new Tik Tok dance	Take up a new hobby	Call a friend or family member to see how they are doing	Complete a home work out	Tick 5 things off your to-do list
Listen to an Audiobook	Complete a random act of kindness	Play a board game or card game	Do some gardening	Write a poem about a topic of your choice
Complete a home work out	Read for 30 minutes (book or Ebook)	Re-watch your favourite movie	Complete a Balfour Scholars Award task	Help someone

Name: _____ House Group: _____

Parent/carer signature: _____ Date completed: _____

Rules

You can complete in one of two ways, either way will earn you some house points:

1. Complete all of the tasks in **one** row to get a 'line', this would earn you **3 house points** if you just want to complete 1 line of tasks.
2. Complete **all** of the tasks on the grid to get a 'full house', which would earn you **10 house points** in total.

If you go for the full house you won't get the house points for the 'line' you get, you will just get the 10 house points for completing the full grid. You will need to get a parent/carer to sign off the sheet to prove you have done the tasks and send a copy of the completed sheet back to your house tutor 😊

May Day Facts

What does May Day celebrate?

May Day is a festival that celebrates the arrival of Spring.

When is May Day celebrated?

May Day is a public holiday usually celebrated on 1 May.

Who celebrates this day?

This day is celebrated throughout the world. In many countries it is a major holiday such as the United Kingdom, India, Romania, [Sweden](#), and Norway. In many countries the day is celebrated as Labor Day.

What do people do to celebrate?

Celebrations differ around the world. There are many traditions for day. Here are a few:

- England - May Day has a long history and tradition in England. The day is celebrated with music and dancing. Perhaps the most famous part of the celebration is the Maypole. Children dance around the Maypole holding onto colorful ribbons. Many people use flowers and leaves to make hoops and hair garlands as well. A lot of towns also crown a May Queen on this day.
- Walpurgis Night - Some countries celebrate the night before May Day called Walpurgis Night. These countries include Germany, Sweden, Finland, and the Czech Republic. The celebration is named after English missionary Saint Walpurga. People celebrate with large bonfires and dancing.
- Scotland and Ireland - Long ago in the Middle Ages the Gaelic people of Scotland and Ireland celebrated the festival of Beltane. Beltane means "Day of Fire". They had large bonfires and dancing at night to celebrate. Some people are starting to celebrate Beltane again.

History of May Day

May Day has changed throughout history. In Greek and Roman times it was a day to celebrate spring and specifically the goddesses over spring. In early Gaelic times as well as in pre-Christian times in Scandinavia, May Day was also a day to celebrate the coming of Spring. When Christianity came to Europe and England, May Day became intertwined with [Easter](#) and other Christian celebrations.

In the 1900s May Day became a day to celebrate labor in many communist and socialist countries. They would celebrate the worker as well as the armed forces on this day. Later the day would become a Labor Day in many countries throughout the world.

Fun Facts About May Day

- Morris Dancers in [England](#) wear hats decorated with flowers, suspenders, and ankle bells. They stomp their feet, wave handkerchiefs, and bang sticks together when they dance.
- One traditional May Day dance in England is called the Cumberland Square.
- A Maypole stands all year long in Inkwell, England. It has been there since 1894.
- Maypoles were sometimes made from old ship's masts.



Looney Tunes Characters

P	F	O	T	G	U	Y	F	F	A	D	L	P	G
A	N	T	S	A	O	Y	Y	T	G	A	L	M	F
S	T	E	Y	R	O	P	T	N	V	N	T	G	R
T	U	F	O	L	F	L	H	W	N	Y	P	F	R
E	L	F	F	U	R	T	F	E	E	A	E	E	Y
Y	S	H	Y	K	R	O	P	E	R	E	R	R	N
O	S	S	U	R	A	N	I	T	H	S	T	G	N
C	O	P	Y	P	L	A	C	E	D	T	A	Y	U
G	L	P	G	O	S	S	A	M	E	R	Y	A	B
S	P	E	E	D	Y	G	O	N	Z	A	L	E	S
A	O	T	P	T	H	E	Y	A	C	H	T	I	G
E	E	D	S	Y	L	V	E	S	T	E	R	F	U
G	M	S	D	E	V	I	L	D	O	G	C	F	B
M	A	S	E	T	I	M	E	S	O	Y	S	H	E

TWEETY
 TINA RUSSO
 THE FLOAT
 SPEEDY GONZALES
 THE YACHT
 DAFFY
 DEVIL DOG
 COPY PLACE
 BUGS BUNNY
 GRANNY
 GOSSAMER
 YOSEMITE SAM
 SYLVESTER
 PORKY
 TRUFFLE
 GOPHER

Why not try Yoga for mindfulness



20-MINUTE YOGA WORKOUT FOR BEGINNERS

1



Warrior I

2



Warrior II

3

AVOCADU



Warrior III

4



Reverse Warrior

5



Downward Facing Dog

6



Upward Facing Dog

7



Chair

8



Revolved Chair

9



Standing Half Forward Bend

10



Forward Bend

11



Plank

12



Four-Limbed Staff

Mr Trenbirth's Joke Corner



I went to the doctors the other day and I said, 'Have you got anything for wind?' So he gave me a kite.

I went to the doctors the other day and I said, I can't stop singing the 'Green Green Grass of Home' before bed and 'Delilah' as soon as I wake up. The Doc said: 'That sounds like Tom Jones syndrome'. 'Is it common?' I asked. 'It's not unusual' he replied.

People in Dubai don't like the Flintstones. But people in Abu Dhabi do!

Police have arrested the World tongue-twister Champion. They said he'll be given a tough sentence.

A truck loaded with Vicks Vaporub overturned on the highway last night. Apparently, there was no congestion for eight hours.



I've just seen a man in the local bookstore exchange a swede like vegetable for some hardbacks. I thought, that's a turnip for the books.

I once met the guy who invented the window sills. I took one step back and thought... what a ledge.

Does anyone want a vacuum cleaner? I have one here just gathering dust.

Miss Deering's Daily Quotes

"The greatest compassion is the prevention of human suffering through patience, alertness, courage and kindness".

"Home is where love resides, memories are created, friends always belong, and laughter never ends"

"Yesterday is not ours to recover, but tomorrow is ours to win or lose".

"Survival is the only hope, success the only revenge"

"Sometimes in the waves of change we find our true direction"

*"Those we love don't go away,
They walk beside us every day.
Unseen, unheard but always near,
Still loved, still missed,
And held so dear".*



Forthcoming Birthdays



HAPPY BIRTHDAY to all the following students who have a birthday to celebrate today or next week:



Josh Ackroyd
Luke Brandrick
Claudia Carter
Gareth Chell
Chloe Coetzee
Grace Corrin
Harry Davies
Charlie Dean
Finley Eisenhower
Lucie Faragher
Iffan Hornby
Ivona Ivanova
Mischa Jackson
Ruby Lewis
Kaycee Marshall
Amber Pettigrew
Philipa Procter
James Reay
Amy Scerri
Elliot Scott
Eleanor Shaw
Dyna Sivadas
Naomi Taylor
James Whittaker
Lewis Cai Wilkinson
Emily Wilson
Hamish Winton
Elliott Woolrich